

## LASER TATTOO REMOVAL POST TREATMENT HOMECARE INSTRUCTIONS

\*proper healing with limited side effects can be expected when our aftercare instructions are followed



- 1. Common & expected post treatment side effects that generally last 1-7 days can include mild to severe erythema (redness), mild to severe edema (swelling), mild to severe bruising, pain such as stinging or irritation, itchiness, blistering & punctuate bleeding.
- 2. Treatment areas with more negative space (less ink concentration) will heal quicker than heavily saturated tattoos.
- 3. Healing times will vary by person & by tattoo due to variables such as personal health, skin conditions, type of ink used, age of the tattoo etc. Our aftercare instructions are recommended for up to 14 days but are only required until your treatment area is fully healed which could be as soon as 3 days.
- 4. You may cool your treatment area with a clean towel wrapped ice pack to reduce swelling & redness for as long as required. This can be done over the gauze bandage.
- 5. Avoid washing your treatment area for 24 hours, this includes showering & hot water/soaking.
- 6. Apply an anti-inflammatory anti-biotic ointment to the treatment area until redness subsides. You may continue this for 3-14 days until your treatment area is healed.
- 7. After applying ointment cover your treatment area with a clean gauze bandage.
- 8. Do not scratch your treatment area. Scratching can cause negative side effects such as scarring.
- 9. Do not work out or exercise for 48 hours post treatment.
- 10. Do not expose your treatment area to sunlight or UVR for 4 weeks. Apply SPF30 or higher sunscreen for 6 weeks post treatment.
- 11. Your tattoo will appear faded or blanched for about 24 hours after your appointment but it will take 6-8 to weeks to see the final results of the treatment.

Laser Tattoo Removal Treatments can be scheduled 8 weeks apart.

Please contact your Memento Mori Studios Inc. Laser Technician with any questions or post treatment follow up you may require.